



COMMUNITY REDEVELOPMENT AGENCY BOARD MEETING OF: November 10, 2025

CONSENT AGENDA

AGENDA ITEM 11.M

SUBJECT:

Approval of the Commercial Rent Reimbursement Grant Program in the Amount of \$9,000 to Love in Orbit LLC d/b/a Fly & Flow Fitness located in Ocean Plaza at 640 E. Ocean Avenue, Unit 20

SUMMARY:

The CRA's Commercial Rent Reimbursement Grant Program provides qualified new or expanding businesses located within the CRA boundaries with rent payment assistance for a maximum period of 12 months.

CRA staff has received a complete grant application from Love in Orbit LLC d/b/a Fly & Flow Fitness located in Ocean Plaza at 640 E. Ocean Avenue, Unit 20, Boynton Beach, FL 33435 (see Attachments I-II). Fly & Flow Fitness is a community-minded, intimate studio offering classes for every skill level. Classes are designed for those who want to develop strength, flexibility and confidence regardless of age, using suspension training, yoga, and the circus arts.

Fly & Flow Fitness LLC originally opened in July 2019 and received 12 months of rent reimbursement under the FY 2018-2019 grant program. In 2025, the business sold to a new corporation, Love in Orbit LLC, who will carry on the "doing business as" name: Fly & Flow Fitness.

Fly & Flow Fitness operates with independent contractors for fitness instructors.

Under the terms of their executed Landlord-Tenant Lease Agreement and draft Addendum, the base rent to be paid by the applicant is \$1,500 per month (see Attachment III). Fly & Flow Fitness qualifies as a Tier II business (as specified in the grant application) and would receive reimbursement for one-half of their monthly rent amount or maximum grant amount of \$1,750 per month for a 12-month period, whichever is less. If approved, per the Program Rules & Regulations, the executed Lease Addendum will be provided within 30 days of Board approval.

If approved, Fly & Flow Fitness would be reimbursed in the amount of \$750/month for a period of 12 months or a total grant amount of \$9,000 during its first year of business. Grant reimbursements to the approved applicant occur on a monthly basis with proof of rent payments.

FISCAL IMPACT:

FY 2025-2026 Budget, Project Fund, Line Item 02-58400-444, \$9,000

CRA PLAN/PROJECT/PROGRAM:

2016 Boynton Beach Community Redevelopment Plan

CRA BOARD OPTIONS:

Approval of the Commercial Rent Reimbursement Grant in the amount not to exceed \$9,000 to Love in Orbit LLC d/b/a Fly & Flow Fitness located in Ocean Plaza at 640 E. Ocean Avenue, Unit 20, Boynton Beach, FL 33435.

ATTACHMENTS:**Description**

- [Attachment I - Commercial Rent Reimbursement Grant Application](#)
- [Attachment II - Location Map](#)
- [Attachment III - Executed Lease and Draft Addendum](#)